

Health Plan incentives for C&TC and other preventive care

BLUE PLUS 1-800-711-9862

Child & Teen Checkups

- Earn \$10 for each C&TC visit by 15 months of age up to 6 visits
- Earn \$25 for up-to-date immunizations by 2 years
- Earn \$25 for annual C&TCs from 3-17 years
- Earn \$25 for required immunizations by age 13
- Earn \$25 for Chlamydia screening ages 16-24

Dental

- Earn \$25 for annual dental visits from ages 2-20

Pregnancy

- Earn \$75 for a prenatal visit during first 3 months of pregnancy and \$75 for postpartum visit
- Car Seat-free for pregnant women or children age 0-9

UCARE 612-676-3200

Child & Teen Checkups

- Earn \$50 for 6 C&TCs by 15 months of age
- Earn \$25 for 2 C&TCs between 16-30 months of age
- Earn \$25 for yearly C&TCs ages 3-20

Dental

- Earn \$25 for dental visit, limit 1 incentive per year

Pregnancy

- Earn \$75 for a prenatal visit during the first 3 months of pregnancy and \$75 for postpartum visit
- Car Seat-free for pregnant women or children age 0-8



Our goal is to keep children healthy



Public Health
Prevent. Promote. Protect.
Kandiyohi County

Child and Teen Checkups



A benefit for kids ages 0-20 with Medical Assistance

Kandiyohi County Health and Human Services

**2200 23rd St. NE
Willmar, MN 56201
320-231-7800**

What are
Child and Teen Checkups?
(C&TC)

C&TCs are complete well-child checks. They are free for children birth through age 20 with Medical Assistance and can be done by your regular doctor.

My kids aren't sick, why do they need to visit the doctor?

- Find and treat health problems early
- Encourage good health habits
- Stay healthy and be ready to learn
- Grow up to be healthy adults

How can the doctor help to keep my child healthy?

- Tracking physical, social, and mental growth and development
- Testing vision and hearing
- Giving you advice about nutrition, behavior, and safety
- Providing vaccines and lab tests

A Complete Child and Teen Checkup includes all of this and more!

When are checkups due?

| | |
|-----------|----------------|
| 0-1 month | 5 months |
| 2 months | 18 months |
| 4 months | 24 months |
| 6 months | 30 months |
| 9 months | Every year |
| 12 months | from ages 3-20 |

Call your regular clinic and schedule your child's next Child and Teen Checkups appointment today!



What about dental care?

- Dental coverage is a part of your Medical Assistance
- Dental checkups are due every 6 months
- Start regular dental checkups when your child gets his or her first tooth or by 12 months of age

What if I need help?

If you need help...

- Finding clinics
- Making appointments
- Scheduling Interpreters
- Finding transportation to health appointments

Call your health plan or the Child and Teen Checkups Program

Blue Plus.....1-800-711-9862
UCARE.....1-800-203-7225
Medical Assistance...1-800-657-3739

Child and Teen Checkups can be used for medical checkups required for school, summer camps, Head Start, WIC, or child care facilities

For current resources visit:
https://www.kcmn.us/departments/public_health/child_and_teen_checkups.php

